Crozer-Keystone Health System

The PEARL Program





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The PEARL Program

- Collaboration between the Crozer-Keystone Health System and Keystone First to address the rise of Neonatal Abstinence Syndrome births
- Assists Keystone First expectant mothers whose unborn child may be at risk for Neonatal Abstinence Syndrome (NAS)
- Assists non-Keystone First referrals to locate the appropriate service for their needs and coordinates a warm hand-off
- Offers intensive case management, recovery specialist, and nurse navigation services to guide new and expectant mothers on their journey to developing a healthy lifestyle and healthy baby



Overview (cont.)

- PEARL-Prevention, Education, Addiction Treatment, Recovery, Linking to resources
- Connects with mothers through community outreach
- Aims to engage with mothers during the perinatal stage and provide ongoing support and ancillary services post natal until the baby reaches two years of age
- Will accept postpartum referrals up to 8 weeks post delivery



The Team

- Nurse Navigator
 - Educator
- Perinatal Intensive Case Managers
 - Linkage/Advocacy
- Perinatal Certified Recovery Specialist
 - Peer Support



Program Components

Education

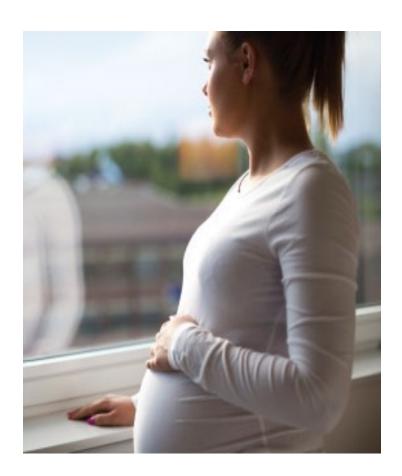
- Create awareness and understanding of NAS through education to various audiences
- Educate program mothers to prepare for the delivery and caring of a baby with NAS

Linkage

- Referral to community resources to promote healthy mother and baby
- Assistance in accessing medical care
- Transportation assistance

Monitoring

- Program involvement until baby reaches 2 years of age
- Linkage to resources for baby
- Developmental milestones testing





PEARL Program Requirements

- Insured by Keystone First
- Pregnant or up to 8 weeks post-natal
- Active recovery/treatment is NOT a requirement to be enrolled with the PEARL Program



Referral Sources

- Keystone First
- Physicians
- Crozer Chester Medical Center-Access Center
- First Steps Treatment Center
 At Crozer Chester Medical
 Center
- EMMA Group at Community Campus
- Program Participants
- Community Campus IOP/OP

- Health Care Facilities
- Community Agencies
- Behavioral Health Treatment Facilities
- Drug and Alcohol Treatment Facilities
- Self-referral



Barriers

- Child Protective Services
- Providers
- Lack of Child Care Services
- Transportation
- Housing



Program Successes

- People educated on NAS: 966
- Mothers referred:178
- Mothers currently engaged in program: 38
- Babies enrolled: 31
- Mothers referred to other services due to location/insurance: 30
- Discharged/Decline:50
- Referred for substance abuse treatment: 35
- NAS education being provided to pregnant women in George W. Hill Correctional

Facility



Program Successes (cont.)

- # of Mothers initiated MAT under PEARL:
 - Methadone: 7
 - Suboxone: 13
 - Vivitrol-postpartum: 4
- # of Mothers linked to new MAT provider or MAT:
 - MAT: 18
 - Suboxone:15
- # of Mothers MAT continuation rates:
 - 90 days: 55
 - 180 days: 42



QUESTIONS??

