# Maternal Addiction Resource Center (MARC)



**Duke LifePoint Healthcare** 



## Objectives

- Purpose of the MARC program
- Services that the MARC program provides
- Initiatives that the MARC program participates in



"You long for someone to understand your pain and to tell you that you are not alone. I understand your pain. We understand your pain. YOU ARE NOT ALONE."

-Jestine Mayes-CRS-MARC





MARC is currently staffed with a Program Coordinator, Administrative Assistant, Certified Recovery Specialist (CRS), and three Patient Navigators.



#### PATIENT NAVIGATOR

• MARC PATIENT NAVIGATORS MAKE REFERRALS. MONITOR COMPLIANCE, AND HELP NAVIGATE THE MANY ASPECTS OF RECOVERY AND PREGNANCY.



## CERTIFIED RECOVERY SPECIALIST-CRS

• THE MARC CERTIFIED RECOVERY SPECIALIST (CRS) PROVIDES SUPPORT TO THE PREGNANT OR POSTPARTUM CLIENT FROM THE PERSPECTIVE AND WITH THE CREDIBILITY OF A PEER IN LONG-TERM RECOVERY.



## Training

• Pitt PERU-University of Pittsburgh, School of Pharmacy

SBIRT champion training-Screening, Brief
Intervention, and Referral to Treatment



## Who are we serving?

• Pregnant & postpartum women with current substance use, or a history of substance use



#### How does MARC work?

- Referrals
- Intake
- Follow Up
- Re-evaluation



#### Connections

#### Over 500 referrals made!

Over 250 occurrences of providing education on community resources and pregnancy!



## Accomplishments

- Established a referral system with the Cambria County Prison
- Organized a mother and infant supply drive
- Identified opportunities to serve pregnant women presenting to the Emergency Department



### Community Awareness

- Participated in an interview with Forever Media's Connecting Hearts Program
- Appeared in WJAC interview
- Published an article in the Tribune Democrat's Coalition Corner





### Plans of Safe Care (POSC)

- Health care professionals are mandated by federal law to refer infants affected by substance abuse, withdrawal, or Fetal Alcohol Spectrum Disorders to develop a POSC, and state law requires notification to Childline.
- Notification triggers assessment that will guide the development of a POSC.



## POSC Regional Team

- Cambria County CYS, Bedford County CYS, Somerset CYS, the MARC Program, and Conemaugh Hospital have teamed together to lead POSC in this region.
- Committed to a multi-disciplinary approach to meet the needs of the infant and family.



#### **POSC Collaborations**

- No single agency, organization, or professional can meet the unique needs of a mother, caregiver, or infant alone.
- Multi-disciplinary approach ensures that the level of service is consistent with the family's needs.





## CELEBRATIONS!



## Questions?

