#### **PA PQC March 18 Learning Collaborative**: Peer to Peer Learning Handout

## **Maternal Mortality: Hypertension**

Site Name:	Key Interventions:
Allegheny Health	Pre-eclampsia specific discharge instruction sheets for elevated BP/pre-eclamptic pre-birth and post-
Network-Saint	birth patients with provider indicated range of BP expectations. (currently in DRAFT form)
Vincent Hospital	Provide each antepartum/postpartum elevated BP/pre-eclamptic discharged patient with automated BP
	cuff DME to take, track BP's outside of the hospital. (future plan – research vs provider order)
	<ul> <li>Provide each antepartum/postpartum discharged patient with <u>Save Your Life</u> magnets and <u>Save Your</u></li> <li>Life flyers (implemented January 2019)</li> </ul>
	• Share <u>Save Your Life</u> magnets and <u>Save Your Life</u> flyers with ED providers and staff. (December 2019)
	Signage in each ED triage room to notify any patient to tell/notify ED staff if they have recently given
	birth. ( <u>Save Your Life</u> information - December 2019)
Commonwealth	Provide education to Labor and Mom Baby staff on use of the appropriate size BP cuff and the
Health-Moses	appropriate way to obtain a BP.
Taylor Hospital	Developed scripting to help staff notify MD of severe range BPs.
	Development of Hypertensive Critical Event Checklist.
	• Education of Labor, Mom Baby, ED, and ICU staff on the use of the Hypertensive Critical Event Checklist.
Evangelical	Currently participating in multi-disciplinary meetings to accomplish the following:
Community Hospital	Patient education opportunities
	Assessment, treatment, and follow-up protocols
	Standardized order set and discharge instructions
	Standardization of patient placement
	Staff education i.e. ED providers
	Data collection
Geisinger	Implementing checklist for HTN Crisis
	Providing simulation & drills for education
	Reviewing medication access
	Creating order sets to avoid unnecessary clinical variation
Lehigh Valley Health	All providers and nursing staff were educated with a Hypertension Disorders in Pregnancy module
Network-Pocono	through GNOSIS
	Clinical Practice Guidelines (CPG) related to perinatal hypertension reviewed with all OB providers and
	OB nursing staff with ED providers being educated in the near future
	Daily interdisciplinary team rounding with reference to CPG's on HTN patients
	Submitted a Grant proposal collaboratively with ESU to have the nursing students provide blood
	pressure equipment and education to hypertensive pregnant patients in their home. Patients will
	proactively self-monitor and report blood pressures to OB office.

Site Name:	Key Interventions:
Penn Medicine-	Preeclampsia Pathway
Chester County	Hypertensive Management Pathway
Hospital	Postpartum Hypertension Pathway
	Adoption of Heart Safe Motherhood
Punxsutawney	Develop order sets for the ED for timely treatment of Hypertensive pregnant/postpartum patients
Hospital	<ul> <li>Education of ED staff/physicians on identifying &amp; treating Hypertensive pregnant/postpartum patient using ACOG &amp; AIM guidelines</li> </ul>
St. Luke's University	<ul> <li>Verified with ED if current screening process is to determine if patient recently had a baby</li> </ul>
Health Network	Enlisted our EPIC IT team members to assist us with building a screening tool to be used in ED
	Contacted WellSpan contact to get input on what they have included in their screening tool
	Ordered AWHONN magnets to distribute at discharge for mothers to put on fridge
Tower Health-	HTN protocol in place by 7/1/20 (model after the California Quality Collaborative).
Reading Hospital	AWHONN postbirth warnings signs education for staff and for all post-partum patients prior to
	discharge.
UPMC Womens	Standardized:
Health Service Line	<ul> <li>Diagnostic criteria, monitoring and treatment of severe preeclampsia/eclampsia, algorithms, order</li> </ul>
	sets, protocols, staff and provider education, unit-based drills, debriefs.
	<ul> <li>Process defined for timely triage and inpatient, outpatient, and ED evaluation.</li> </ul>
	Medications for treatment stocked and immediately available.
	Recognition and Prevention:
	<ul> <li>Protocol for measurement and assessment of BP and labs for all pregnant and postpartum women</li> </ul>
	<ul> <li>Prenatal &amp; postpartum patient education on signs &amp; symptoms of hypertension &amp; preeclampsia</li> </ul>
	■ Implemented Vivify for outpatient B/P monitoring and symptomatology
	• Response:
	<ul> <li>Implemented Nurse Driven Protocol for ordering remote monitoring. Program spread to</li> </ul>
	community hospitals of UPMC Northwest & UPMC Horizon
	<ul> <li>Completed Service Line Gap Assessment ~ 2020 The Joint Commission Standards</li> </ul>
	Maternal Health Awareness Day January 23, 2020 Focus: Fourth Trimester
	<ul> <li>Provided take home toolkit for participants</li> </ul>
	<ul> <li>Implemented a Service Line MMRC first meeting February 17, 2020</li> </ul>
	<ul> <li>Implemented UPMC Perinatal Quality Collaborative first meeting February 26, 2020</li> </ul>
	<ul> <li>Post birth warning sign magnets provided to all mothers upon discharge across UPMC</li> </ul>
	<ul> <li>Implemented Maternal Fetal Triage Index (MFTI) obstetrical triage rapid assessment tool</li> </ul>
	<ul> <li>Commercials and interviews by Medical Staff leaders on Maternal Morbidity &amp; Mortality</li> </ul>
	<ul> <li>Developing a system wide policy for assessing and managing HTN</li> </ul>
	Reporting:
	Multidisciplinary review of all severe hypertension/eclampsia event cases; Post event debriefs

Site Name:	Key Interventions:
WellSpan Health	Completed:
	Roll out of low dose aspirin screening in epic at the first OB visit
	Free aspirin provided at office
	Roll out of Relias education
	Roll out of Meds to Beds (YH)
	Implemented new policy on severe hypertension
	Implemented new physician guidelines on severe hypertension
	Implemented severe maternal morbidity reviews
	In process:
	Creation of Education for ED nurses and providers
	Creation of a system wide ED policy on the care of pregnant and postpartum women
	<ul> <li>Creation of a BPA to trigger repeat BP measurement in pregnant and postpartum women with severe hypertension</li> </ul>
	Creation of a Post-Birth screen in the ED with BPA
	Creation of drills on severe HTN and PPH

**Maternal Mortality: Hemorrhage** 

Site Name:	Key Interventions:
Jefferson Health-	Reviewed data of hemorrhage
Thomas Jefferson	Calculator updated
University Hospital	Inservice hemorrhage and emergency cards
	Simulation completed in Simulation Center October 2019
	Requested review and update to Risk Assessment in EPIC
Penn Medicine-	Train champions to facilitate QBL process
Lancaster	<ul> <li>Feedback and process recommendations for clinical workflow</li> </ul>
General/Women and	Communication/Education with teams
Babies	Implemented EMR tool for PPH risk assessment (Go-Live 12/2/19)
	Inventory tools/equipment required for QBL process
	<ul> <li>Additional scale obtained for L&amp;D</li> </ul>
	Implemented QBL with EMR calculator (Go-Live 2/2/20)
	Order set changes approved by OBGYN Care Management team
	Established a method for reporting and determining baseline data
	<ul> <li>OB Vaginal &amp; Cesarean PPH reports built in EMR</li> </ul>
	<ul> <li>Blood utilization and uterotonic usage reports</li> </ul>
	o QBL report
Penn Medicine-	Now include the risk assessment in every pre-op huddle (seen reduction in use of massive transfusion
Pennsylvania	protocol)
Hospital	Increase in communication of risk assessment & decrease in the need for the massive transfusion
	protocol
Penn State Health-	Completed:
Hershey Medical	Assessment by provider using an evidence-based tool
Center & Children's	Risk Assessment score placed in EMR and on Chalk board
Hospital	Postpartum Hemorrhage kit with emergency medications present at every delivery
	Postpartum Hemorrhage Cart containing guideline for actions and emergency supplies immediately
	available
	Simulation exercises (ongoing)
St. Clair Hospital	Unit-standard, stage-based, obstetric hemorrhage emergency management plan with checklists
	Quantification of blood loss
	Standards for early warning signs, diagnostic criteria, monitoring and treatment of severe
	preeclampsia/eclampsia (include order sets and algorithms)
	Standard protocol for measurement and assessment of BP and urine protein for all pregnant and
	postpartum women
	Establish a culture of huddles for high risk patients and post-event debriefs to identify successes and
	opportunities

Site Name:	Key Interventions:
Temple University	Risk assessment for every patient
Hospital	Implement the hemorrhage protocol (everything will be consistent)
	Hemorrhage cart
	Running Drills
	Cultural diversity training
	Pain Management protocol
Tower Health-	Create standard for prenatal identification of high risk patients, quantitative blood loss, and early
Reading Hospital	interventions
	All nurses, providers attend yearly sim. QBL roll-out scheduled for 3/7/20; Sims – yearly
	Policy / protocol in place and communicated by 7/1/20
UPMC Womens	Standardized hemorrhage cart:
Health Service Line	<ul> <li>Includes: supplies, checklist, algorithms, hemorrhage medication kit, response team, advanced gynecologic surgery, massive transfusion protocols, unit guidelines, unit-based drills with post-drill debriefs, and staff/provider education</li> <li>Recognition and Prevention:         <ul> <li>Standardized assessment tool.</li> <li>Prenatally, admission, other appropriate times</li> <li>Measurement from EBL to QBL &amp; defined quantity</li> </ul> </li> <li>Response:</li> </ul>
	<ul> <li>Support programs for patients, families, staff</li> <li>Conducted Service Line Gap Assessment ~ 2020 The Joint Commission Standards planning to conduct tracers for compliance</li> <li>Developed a Service Line MMRC</li> <li>Developing a system wide policy for assessing and managing PPH</li> <li>Reporting:         <ul> <li>Event reporting to Risk/Quality Department</li> <li>Multidisciplinary review for opportunities in systems and processes</li> <li>Monitor outcomes and metrics</li> <li>Report as appropriate to various committees</li> </ul> </li> </ul>

## **Maternal Mortality: Timely Fourth Trimester Contact**

Site Name:	Key Interventions:
Jefferson Health-	Standardized guidelines for PP follow-up (current focus on Htn and PPD)
Abington Hospital	Interprofessional postpartum rounding on inpatient Mother-baby units
	Developing standardized guidelines for postpartum follow-up

### **Maternal OUD**

Site Name:	Key Interventions:
Allegheny Health	Screen pregnant women for substance misuse and physical and behavioral health co-morbidities using
Network-Forbes	validated screens in office and upon admission if not previously completed.
Hospital	Social work will connect women to treatment and supportive resources.
Allegheny Health	JWH and AHM practices will implement a validated screening tool for SUD (5Ps) at all NOB visits
Network-Jefferson	starting April 1, 2020.
Hospital	Any patient who has not been screened in their pregnancy will be screened with the 5P tool on
	admission to labor and delivery by their labor nurse.
	Patients who screen positive on the 5P screening tool will be referred for appropriate next steps based
	on a system-wide algorithm for further assessment and possible treatment.
Allegheny Health	Staff Education – See NAS QI update
Network-Saint	Provider documentation education
Vincent Hospital	Incorporate information on Growing Hope program and support available for addicted moms-to-be
Geisinger	Implementing universal NIDA screening
	Implementing a clinical pathway for positive screens
	Re-educating on urine toxicology protocol
<b>Guthrie Hospital</b>	Finding a validated screening tool- chose 4P's tool
	Educating staff and training on chosen tool
	Implement screening of all pregnant women at least once during prenatal care (to start)
Jefferson Health-	Universal Screening with 5Ps tool at first prenatal visit & all triage & inpatient admissions to L&D
Abington Hospital	
Lehigh Valley	Educate all Prenatal Care Providers on the 4P's and scripting
Health Network-	Educate on the referral process to the LSW
Pocono	Provide educational materials to pregnant women with OUD
	Created an OB nurse navigator position to follow at risk patients from prenatal through post-partum
	for compliance

Site Name:	Key Interventions:
Main Line Health	<ul> <li>Working with MLH Clinical Informatics regarding enhancement of Risk Assessment</li> <li>Completed Social Work Evaluation of Outpatient Resources Across 4 Hospitals and 4 Geographic Counties: Goal to Optimize &amp; Standardize</li> <li>Developed Education Plan and 2020 Timeline to include:         <ul> <li>NAS Education Brochure for Parents</li> <li>Computer Based Training Education for All Providers</li> <li>Grand Rounds with Dr. Gary Stoner</li> <li>Lunch and Learns</li> </ul> </li> <li>Plan to analyze PA PQC Baseline Survey Results &amp; Best Practices to identify Gaps in Care/Education</li> </ul>
Penn Medicine- Chester County Hospital Penn Medicine- Hospital of the University of Pennsylvania	<ul> <li>Completed process mapping, gap analysis, Affinity Diagram, &amp; brainstorming</li> <li>Evaluated screening tools; Agreed to use 5P's screening tool</li> <li>Engaged County &amp; Community representatives</li> <li>Creation of a template for a prenatal consult for pregnant women in OUD</li> <li>Educate/email OB staff about need for prenatal consultation when able (&amp; why)</li> <li>Assigned El referral (through EMR) to neonatal NP who tracks all OENs in our hospital</li> </ul>
Penn State Health- Hershey Medical Center & Children's Hospital	<ul> <li>Completed:         <ul> <li>Gain consensus and approval on a validated screening tool to screen all pregnant women for substance use</li> </ul> </li> <li>Draft a paper patient-friendly form to screen patients at the time of the first prenatal appointment</li> <li>Develop workflow to identify: who will respond to patients who screened positive; who will refer patients to treatment; and to whom can we refer our patients</li> <li>Provide unbiased non-judgmental, trauma-informed care:         <ul> <li>Complete baseline attitudes measurement staff survey</li> <li>Provide education/intervention</li> <li>Complete reassessment through the attitude's measurement staff survey</li> </ul> </li> <li>Complete staff education regarding:         <ul> <li>The 5Ps tool and screening rationale</li> <li>The 5Ps screening process and SBIRT-Done at main Women's Health office (Hope Drive)</li> </ul> </li> </ul>
St. Clair Hospital	<ul> <li>Began using 5Ps tool for outpatient prenatal visits &amp; inpatient admissions to our hospital in June 2019</li> <li>Coordinated with affiliated OB offices for them to utilize 5Ps tool for screening their pregnant patients in the office setting, starting with the 1st prenatal visit &amp; then again in the 2nd &amp; 3rd trimester.</li> <li>Provided OB offices with referral forms to be faxed to our Level 2 Nursery Coordinator for follow-up care. When our nursery coordinator receives a referral, she reaches out to the family to discuss the care they can expect when they arrive for their delivery.</li> <li>Educated inpatient nursing staff on 5Ps screening tool &amp; implemented it to be utilized on all patients admitted.</li> </ul>

Tower Health- •	Clinical pathway for pregnant women with OUD
Reading Hospital	<ul> <li>Screening for SUD</li> </ul>
	<ul> <li>Hospital observation for MAT induction, methadone and buprenorphine offered</li> </ul>
	<ul> <li>Connection with methadone program in county.</li> </ul>
	<ul> <li>Suboxone maintenance program at Women's Health Center for pregnant women with OUD.</li> </ul>
	<ul> <li>Intensive case management with the COE, drug and alcohol treatment, social services,</li> </ul>
	prenatal development of Plan of Safe Care, connection with Early Intervention, prenatal
	parent education on NAS.
UPMC Womens •	Access:
Health Service Line	Maternal medical support to prevent withdrawal during pregnancy
	<ul> <li>On call service for all UPMC hospitals 24/7</li> </ul>
	o Provide regular prenatal and other medical appointments
	o 4 Outreach Community Centers
	Same day on next day within 24-hour appointments
•	Prevention:
	o Community education
	Obstetrical provider education     Minimizer field agreements Original applications
	Minimize fetal exposure to Opioid substances  Fash and a set of the desire beautiful beauti
	Early engage mother as a leader in her recovery
	Narcan "to go"
•	Response:
	Pregnancy Recovery Center (Prenatal & Postpartum)      UNIX Healthplan angagement
	<ul> <li>UPMC Healthplan engagement</li> <li>Support programs for patients, families, staff</li> </ul>
	and the little of the control of the
	<ul> <li>Multidisciplinary team OB, MFM, SW, Nurses, Mental Health therapists</li> <li>Methadone Conversion to buprenorphine from inpt. to outpt.</li> </ul>
	Outpatient buprenorphine medication treatment
	Warm hand overs
	ED Physician and APP trained in buprenorphine treatment
	Reporting: Centers of Excellence
	State, Allegheny County, UPMC Healthplan
	Report as appropriate to various committees
Wayne Memorial •	Use of standardized codes & documentation for SEN's and NAS. Including specific ICD codes for OEN's
Hospital	Educate staff re: OEN and NAS, trauma informed care and MD wise guidelines.
•	Develop screening criteria for prenatal ID of infants at risk
•	Provide family education about NAS and what to expect.

# **Neonatal Abstinence Syndrome (NAS)**

Site Name:	Key Interventions:
Allegheny Health	Two NICU RN's researched & developed education in classroom format to teach all WAIC staff proper
Network-Saint	methods & tips to use when assessing neonates for withdrawal using Modified Finnegan Assessment
Vincent Hospital	Upon completion of education, skill validation will be done by core group of 6 NICU RN's.
	Each staff RN must perform 10 assessments proficiently for skill validation
	Comparison of retrospective RN assessment scores and post-education/validation scores by each RN
Allegheny Health	Decrease rate of smoking & un-prescribed drug use in mothers enrolled in Perinatal HOPE Program
Network-West	Implementation of the Eat-Sleep-Console strategy for the management of NAS
Penn Hospital	Improve communication and provide education to referring PCP's
Doylestown	Educated all staff on Eat, Sleep, Console Approach, will perform inter-rater reliability assessment.
Hospital	Created and currently use NAS Order Sets with standardized medication dosing and faster weaning.
	Educated staff and parents regarding non-pharmacological interventions. Empower parents to provide
	these interventions to their baby.
	Reaching out to obstetric providers to refer pregnant women with OUD to hospital team in order to
	begin prenatal education, tour unit and discuss care of infant prior to delivery.
<b>Einstein Medical</b>	Create pamphlet for families
Center Philadelphia	Provide anticipatory guidance to families during prenatal visits
	Chart review for adherence to NAS protocols
	Create OB trigger at 28 weeks for NICU consult
	Obtain prenatal joint medicine/nursing consult: Create template for this team consult
	Add Picker-type question to discharge phone calls
Einstein Medical	Multidisciplinary monthly meetings to improve all 3 focus areas
Center	NAS pamphlets for OB; presenting info at their monthly meeting
Montgomery	Transportation and Food Vouchers for parents to stay with infants
	Actively educating staff to transition to Eat, Sleep, Console
	Supportive care equipment (blankets, MamaRoos, Ergo Baby, etc)
	Attending Plan of Safe Care meetings
	Developing both EMCM hospital and CHOP Network policy for ESC
	Breastfeeding "Traffic Lights"
	Community outreach to Methadone Clinic
	Infant massage training
	Facility enhancements
Jefferson Health –	Implementation of Eat, Sleep, Console tool for NAS assessment
Abington Hospital	

Site Name:	Key Interventions:
Mount Nittany	Help mothers recognize they are the treatment with new welcoming brochure
Health System-	Increase staff interest and knowledge with VON training
Mount Nittany	Maximize non-pharmacologic treatments for NAS, consider implementation of Eat-Sleep-Console;
Medical Center	standardize medication usage and/or consider PRN use
Penn Medicine-	Review pharmacologic treatment for every OED newborn from 3/1/2019 - 8/31/2019 to determine
Pennsylvania	total medication use & weaning process
Hospital, Newborn	
Medicine	
Penn State Health-	Completed:
Hershey Medical	IRR Baseline Assessment
Center & Children's	Refresher education
Hospital	IRR Reassessment
	In progress:
	Development and availability of a Finnegan NAS Scoring Resource Card at each bedside in NICU and
	WHU
	Plan for huddles / collaboration of scoring at times of key decisions- In progress
	<ul> <li>Identification of champions/ team members to be included in huddles</li> </ul>
	Additional education for huddle team members
St. Luke's University	Working with IT to create an EPIC report to accurately identify any babies with NAS & who are
Health Network	affected by OUD
	PA PQC core team: working on completing the required NAS education to build competence &
	consistency within our NAS scoring throughout the network
Temple University	Education to Moms pre/post delivery
Hospital	Getting OUD screening into EPIC
	Research for what is currently available for Eat, Sleep, Console
Tower Health-	Implement "Eat Sleep Console" program on Specialty care unit. (Moms will room-in with newborns.)
Reading Hospital	Transfer family to pediatrics when mother is discharged.
	Staff education, music therapy, cuddlers, OT, patient/family education, community education

Site Name:	Key Interventions:
UPMC Womens	Access:
Health Service Line	<ul> <li>Maternal medical support to prevent withdrawal during pregnancy</li> <li>Provide regular prenatal &amp; other medical appts.</li> <li>Prevention:         <ul> <li>Minimize fetal exposure to illicit substances</li> <li>Engage mother as a leader in her recovery</li> </ul> </li> <li>Response:         <ul> <li>Parent Partnership Unit (PPU)</li> <li>Eat, Sleep, Console (ESC) implemented and spreading across system</li> </ul> </li> <li>Reporting:         <ul> <li>PA DOH of all NAS occurrences;</li> <li>Internal leadership &amp; appropriate committees, e.g. NICU</li> </ul> </li> </ul>