







Gerria Coffee



Brandy Gentry



Jona Reyes



Ngozi Tibbs

Birth support is a human right; no woman should have to be alone or unsupported during birth. Therefore, to increase the accessibility of birth support during the COVID-19 pandemic, Healthy Start is using virtual technology to connect women birthing in Allegheny County hospitals with doulas.

Doulas will provide support as outlined below:

- An introductory visit
- Up to (2) virtual prenatal sessions
- Bi-weekly check-ins
- Virtual or in person labor and birth support
- (1) postpartum session

Doulas can also provide support and coaching to partners, support with birth plan development, education about upto-date hospital policy and general advocacy.

For more information or to register:

VISIT

healthystartpittsburgh.org

CALL/TEXT

(412) 224-7040

OR EMAIL

dhorsley@hsipgh.org

