



PA PQC Learning Session
Thursday, March 31, 2022
8:30 a.m. to 12:30 p.m. ET

Register Here: <https://www.whamglobal.org/learning-collaborative-03-31-2022>

Zoom Login: <https://us06web.zoom.us/j/82690969982?pwd=eDhOaGNkZHNvcFpmVzI0bWlvZzI0dz09>

Meeting ID: 826 9096 9982

Passcode: 353409

One tap mobile: +19294362866,,82690969982#

Meeting Materials: <https://www.whamglobal.org/march-31st-2022-learning-collaborative>

Learning Objectives:

1. Describe the PA PQC's collective successes and next steps for the April 2022 through March 2023 Implementation Period
2. Describe trauma-informed care principles and how to implement the principles in perinatal care settings
3. Describe breastmilk feeding guidelines for substance use and how to empower patients to make informed decisions and connect to lactation support services
4. Discuss best practices for connecting patients and families to outpatient and community services and supports
5. *For those involved in the immediate postpartum LARC initiative:* Discuss how to measure IPLARC expulsion rates and how to use this measure for quality improvement purposes

Agenda:

8:30 a.m. to 9:00 a.m. – **PA PQC Successes and Future Directions** – Aasta Mehta, MD, MPP and James A. Cook, MD, PA PQC Advisory Group Co-Chairs

9:00 a.m. to 9:45 a.m. – **Overview of Breastmilk Feeding Guidelines for Substance Use and How to Empower Patients to Make Informed Decisions about Breastmilk Feeding** – Debra Bogen, MD, Director of the Allegheny County Health Department

9:45 a.m. to 10:45 a.m. – **Trauma Informed Approaches to Perinatal Care** – Leena P. Mittal, MD, Chief of the Division of Women's Mental Health at Brigham and Women's Hospital and Associate Medical Director for the Massachusetts Child Psychiatry Access Program for Moms (MCPAP for Moms)

10:45 a.m. to 11:15 a.m. – **Discussion & Reflection: What Could Trauma-Informed Care Look Like in Your 2022 PA PQC Initiatives?** – Moderated by Carol L. Frazer, MEd, LPC, Practice Transformation Specialist, Pittsburgh Regional Health Initiative

11:15 a.m. to 11:25 a.m. – **Break**

11:25 a.m. to 12:25 p.m. – **PA PQC 2022 Initiative Breakouts**

Each participant will join one of the following virtual breakouts that pertains to their 2022 PA PQC quality improvement initiative.

Maternal Substance Use Breakout: Comprehensive Care Teams to Connect Pregnant/Postpartum Individuals with SUD to Treatment and Community Services

Breakout speaker: Navid Roder, MD, Assistant Professor of Clinical Family Medicine and Community Health, University of Pennsylvania

Facilitator: Pauline Taylor, CQIA, Program Specialist, Jewish Healthcare Foundation

Substance Exposed Newborn Breakout: Plans of Safe Care and Connecting Families and Newborns to Community Resources

Breakout speakers: Kerin J. Kohler, BSW, Social Worker, Women’s Health Center, Reading Hospital Tower Health; Jami Geist, Soft Landings; and Jennifer Wallis, MSW, County Casework Supervisor, FGDM, Children and Youth Services, County of Berks

Facilitator: Carol L. Frazer, MEd, LPC, Practice Transformation Specialist, Pittsburgh Regional Health Initiative

Immediate Postpartum LARC (IPLARC) Breakout: Measuring Expulsion Rates for Quality Improvement Purposes

Breakout speaker: Sarah Horvath, MD, MSHP, Assistant Professor of OB/GYN, Penn State University, ACOG Darney/Landy Fellow

Facilitator: Karena M. Moran, PhD, Research and Quality Project Manager, Northeastern PA Perinatal Quality Collaborative and Geisinger Health System

Moving on Maternal Depression (MOMD) Breakout: Connecting Patients to Mental Health Community Services and Supports (Mental Health Services, In-Home Services, and Community and Peer Based Programs)

Breakout Speaker: Chaunda Cunningham, LSW, Director of Clinical Practice and Home Visiting, Healthy Start, Inc., and PA PQC MOMD Co-Chair

Facilitator: Emily Magoc, RN-BSN, MPH, Quality Improvement Facilitator, Jewish Healthcare Foundation

PA AIM Severe Hypertension Breakout: Establishing Connections to Postpartum Services and Supports for Hypertension

Facilitator: Jennifer Condel, SCT(ASCP)MT, Manager, Lean Healthcare Strategy and Implementation, Pittsburgh Regional Health Initiative

Through a peer-to-peer learning discussion, PA PQC AIM teams will share tactics and challenges around:

- *How has your hospital established discharge instructions and coordination systems post childbirth to ensure that patients have appropriate follow-up care, have home monitoring processes, and have educational materials on warning signs and whom call?*
- *How does your hospital ask patients if they have a primary care provider and then provide a warm handoff to a provider in the postpartum period?*
- *How has your hospital developed and implemented a comprehensive list of community resources and supports for pregnant/postpartum across inpatient*

and outpatient teams? Which community services and supports have been helpful to patients who experienced severe hypertension in pregnancy/preeclampsia?

- *How has your hospital aligned these resources and information with the patient's health literacy, cultural needs, language proficiency, and geographic location?*
- *What has worked well (and hasn't worked well) to ensure follow-up within 7-14 days postpartum.*

12:25 p.m. to 12:30 p.m. – **Wrap-Up & Next Steps** – Pauline Taylor, Program Specialist, Jewish Healthcare Foundation